

## Summer Cold Lunch Menu

6-Jun	7-Jun	8-Jun	9-Jun	10-Jun
<b>Bistro Turkey Sandwich</b>	<b>Mediterranean Plate</b>	<b>Cheesy Pizza</b>	<b>Southwest Chicken</b>	<b>Protein Fix</b>
Turkey and Cheese Croissant Baby carrots Raisins 1% milk Mayo Mustard Ranch Dressing	Hummus String Cheese IW WG goldfish pretzels Celery Whole Apple Skim chocolate milk Ranch Dressing	WG Cheese Pizza Mixed Greens Salad Craisins 1% milk Ranch Dressing	BBQ Diced Chicken Sandwich  Juice Box Plum Skim Chocolate	Yogurt String Cheese Graham Crackers Cucumber Slices Banana 1% milk Ranch Dressing
13-Jun	14-Jun	15-Jun	16-Jun	17-Jun
<b>Wonderful Wrap</b>	<b>Giddy-up Chicken Strips</b>	<b>Greek Pasta Salad</b>	<b>Breakfast for Champions</b>	<b>Super Hero Sandwich</b>
Turkey salami & Cheese Wrap Celery Whole Apple Skim chocolate milk Mustard Ranch Dressing	Grilled Ranch Chicken Strips WG Goldfish crackers Baby carrots Raisins 1% milk Ranch Dressing	Greek Pasta Salad Grape Tomatoes Juice Box Skim chocolate milk	Hard Boiled Egg String Cheese Waffles Cucumber Slices Banana 1% milk	Turkey Bologna and Turkey Salami Sub Sandwich Mixed greens salad Nectarine Skim chocolate milk Mayo Ranch Dressing
20-Jun	21-Jun	22-Jun	23-Jun	24-Jun
<b>Southwest Chicken</b>	<b>Bistro Turkey Sandwich</b>	<b>Mediterranean Plate</b>	<b>Cheesy Pizza</b>	<b>Southwest Chicken</b>
Taco seasoned diced chicken  Shredded cheese Tortilla chips Salsa cup Whole apple 1% milk	Turkey and Cheese Croissant  Baby carrots Raisins Skim chocolate milk Mayo Mustard Ranch Dressing	Hummus String Cheese IW WG goldfish pretzels Celery Seasonal fruit 1% milk Ranch Dressing	WG Cheese Pizza Mixed Greens Salad Craisins Skim chocolate milk Ranch Dressing	BBQ Diced Chicken Sandwich  Juice Box Plum 1% milk
27-Jun	28-Jun	29-Jun	30-Jun	1-Jul
<b>Protein Fix</b>	<b>Wonderful Wrap</b>	<b>Giddy-up Chicken Strips</b>	<b>Greek Pasta Salad</b>	<b>Breakfast for Champions</b>
Yogurt String Cheese Graham Crackers Baby carrots Raisins Ranch Dressing Skim chocolate milk	Turkey salami & Cheese Wrap Celery Whole Apple 1% milk Mustard Ranch Dressing	Grilled Ranch Chicken Strips WG Goldfish crackers Mixed Greens Salad Banana Skim Chocolate Ranch Dressing	Greek Pasta Salad Grape Tomatoes Juice Box 1% milk	Hard Boiled Egg String Cheese Waffles Cucumber Slices Banana Skim Chocolate
4-Jul	5-Jul	6-Jul	7-Jul	8-Jul
	<b>Bistro Turkey Sandwich</b>	<b>Mediterranean Plate</b>	<b>Cheesy Pizza</b>	<b>Southwest Chicken</b>
	Turkey and Cheese Croissant Baby carrots Raisins 1% milk Mayo Mustard Ranch Dressing	Hummus String Cheese IW WG goldfish pretzels Celery Whole Apple Skim chocolate milk Ranch Dressing	WG Cheese Pizza Mixed Greens Salad Craisins 1% milk Ranch Dressing	BBQ Diced Chicken Sandwich  Juice Box Plum Skim chocolate milk

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11-Jul	12-Jul	13-Jul	14-Jul	15-Jul
<b>Protein Fix</b>	<b>Wonderful Wrap</b>	<b>Giddy-up Chicken Strips</b>	<b>Greek Pasta Salad</b>	<b>Breakfast for Champions</b>
Yogurt String Cheese Graham Crackers Baby carrots Raisins 1% milk Ranch Dressing	Turkey salami & Cheese Wrap  Celery Whole Apple Skim chocolate milk Mustard Ranch Dressing	Grilled Ranch Chicken Strips WG Goldfish crackers Mixed Greens Salad Banana 1% milk Ranch Dressing	Greek Pasta Salad Grape Tomatoes Juice Box Skim chocolate milk	Hard Boiled Egg String Cheese Waffles Cucumber Slices Banana 1% milk
18-Jul	19-Jul	20-Jul	21-Jul	22-Jul
<b>Super Hero Sandwich</b>	<b>Southwest Chicken</b>	<b>Bistro Turkey Sandwich</b>	<b>Mediterranean Plate</b>	<b>Cheesy Pizza</b>
Turkey Bologna and Turkey Salami Sub Sandwich Baby carrots Raisins Skim chocolate milk Mayo Ranch Dressing	Taco seasoned diced chicken  Shredded cheese Tortilla chips Salsa cup Seasonal Fruit 1% milk	Turkey and Cheese Croissant  Mixed greens salad Nectarine Skim chocolate milk Mayo Mustard Ranch Dressing	Hummus String Cheese IW WG goldfish pretzels Celery Whole Apple 1% milk Ranch Dressing	WG Cheese Pizza Cucumber slices Craisins Skim chocolate milk
25-Jul	26-Jul	27-Jul	28-Jul	29-Jul
<b>Southwest Chicken</b>	<b>Protein Fix</b>	<b>Wonderful Wrap</b>	<b>Giddy-up Chicken Strips</b>	<b>Greek Pasta Salad</b>
BBQ Diced Chicken Sandwich  Juice Box Whole Apple 1% milk	Yogurt String Cheese Graham Crackers Baby carrots Raisins Ranch Dressing Skim chocolate milk	Turkey salami & Cheese Wrap  Celery Plum 1% milk Mustard Ranch Dressing	Grilled Ranch Chicken Strips WG Goldfish crackers Mixed Greens Salad Banana Skim Chocolate Ranch Dressing	Greek Pasta Salad Grape Tomatoes Juice Box 1% milk
1-Aug	2-Aug	3-Aug	4-Aug	5-Aug
<b>Breakfast for Champions</b>	<b>Super Hero Sandwich</b>	<b>Southwest Chicken</b>	<b>Bistro Turkey Sandwich</b>	<b>Mediterranean Plate</b>
Hard Boiled Egg String Cheese Celery Whole Apple Ranch Dressing Skim chocolate milk	Turkey Bologna and Turkey Salami Sub Sandwich Baby Carrots Raisins 1% milk Mayo Ranch Dressing	Taco seasoned diced chicken  Shredded cheese Tortilla chips Salsa cup Seasonal Fruit Skim chocolate milk	Turkey and Cheese Croissant  Cucumber Slices Nectarine 1% milk Mayo Mustard Ranch Dressing	Hummus String Cheese IW WG goldfish pretzels Baby Carrots Banana Skim chocolate milk Ranch Dressing
8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
<b>Cheesy Pizza</b>	<b>Southwest Chicken</b>	<b>Protein Fix</b>	<b>Wonderful Wrap</b>	<b>Giddy-up Chicken Strips</b>
WG Cheese Pizza Celery Craisins 1% milk Ranch Dressing	BBQ Diced Chicken Sandwich  Juice Box Whole Apple Skim chocolate milk	Yogurt String Cheese Graham Crackers Cucumber Slices Banana 1% milk	Turkey salami & Cheese Wrap  Baby Carrots Plum Skim chocolate milk Mustard Ranch Dressing	Grilled Ranch Chicken Strips  WG Goldfish crackers Mixed Greens Salad Raisins 1% milk Ranch Dressing